



Ross-on-Wye & District Cycle Club

Open Time Trial R10/17 – 13th July 2019

Including the VTTA South Wales Group Championship



Promoted for and on behalf of cycling time trials under their rules and regulations.

Your timekeepers were Mr R. Field (Finish) and Mr L. Samuel (Start).

Men's VTTA South Wales Group Championship

1 Chris Massey	CES Sport	+6:18
2 Stuart Evans	Port Talbot Whs CC	+6:07
3 Rod Hicks	Port Talbot Whs CC	+5:49

Women's VTTA South Wales Group Championship

1 Susan Shook	Bush Healthcare	+6:15
2 Clare Greenwood	Bush Healthcare	+5:57
3 Michelle Fishbourne	CES Sport	+5:26

Team VTTA South Wales Group Championship

Bush Healthcare	+12:12
Susan Shook (+6:15) Clare Greenwood (+5:57)	

Fastest Riders

1 Chris Gibbard	Bynea Cycling Club	19:22
2 Matt Burden	73 Degrees Bicycles	19:23
3 George Mills-Keeling	Cycle Club Bridgnorth	19:33

Fastest Lady

1 Anna Morris	AeroLab Ward WheelZ	20:42
2 Francesca Hall	AeroLab Ward WheelZ	21:26
3 Jessica Rhodes-Jones	AeroCoach	21:30

Fastest Tandem

1 Bristol South	A Legge, J Knight	20:59
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Vets on Standard

1 Carlo Toledo	Gloucester City	+6:57
2 Michelle Lee	PDQ Cycling	+6:56
3 Jenny Simmonds	Look Mum No Hands!	+6:49

Fastest Junior

1 George Mills-Keeling	Cycle Club Bridgnorth	19:33
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Fastest Team

AeroLab Ward Wheelz	1:01:42
W Perrett (19:24) A Morris (20:42) F Hall (21:26)	

Overall Weekend

Overall Ross-on-Wye Weekend Champion

1 David Dickerson	Team Echelon	50:25
2 Simon Garrett	Team Echelon	50:44

Many thanks to the time keepers Robin & Fran Field, Len Samuel, to the pushers off, marshals around the course and to people in the kitchen who looked after the riders when they got back to the HQ.

I hope we will see you all again next year!

Will Bevan, Ross-on-Wye and District CC

Ross-on-Wye & District Cycling Club

Saturday 13 July 2019

Course: R10/17



Event	Overall #	Event #	First Name	Last Name	Club	Gender	Cat	Time	Std
Tandem		1	Andrew	Legge	Bristol South Cycling Club	M	V	20:59	06:00
		1	Joanna	Knight	Bristol South Cycling Club	W	V	20:59	06:00
Mens	1	1	Christopher	Gibbard	Bynea Cycling Club	M	S	19:22	
	2	2	Matt	Burden	73 Degrees Bicycles, WestSide Coaching rt	M	V	19:23	06:49
	4	3	William	Perrett	AeroLab Ward WheelZ	M	S	19:34	
	5	4	B Xavier	Disley	AeroCoach	M	S	19:38	
	6	5	Owen	Burgess	Newport Phoenix CC	M	S	20:01	
	=7	=6	Anthony	Jones	Towy Riders Cycle Club	M	V	20:02	06:29
	=7	=6	Carwyn	Davies	Cwmcaron Paragon Road Club	M	V	20:02	06:05
	9	8	Simon	Garrett	Team Echelon	M	V	20:06	06:21
	10	9	Aled	Roberts	Energy Cycling Club/Clwb Beicio Egni	M	V	20:13	05:49
	11	10	Chris	Massey	CES Sport	M	V	20:18	06:18
	12	11	David	Dickerson	Team Echelon	M	V	20:20	06:34
	13	12	David	Middleton	Cardiff Ajax CC	M	E	20:39	
	14	13	Andy	Davies	Cardiff Jif	M	S	20:41	
	16	14	Lloyd	Dobson	Army Cycling	M	S	20:59	
	17	=15	Neil	Lewis	VELOFLOW CC	M	V	21:03	05:42
	18	=15	Rhys	Deen	Merthyr CC	M	S	21:03	
	19	17	Jordan	Wintle	Cheltenham & County Cycling Club	M	S	21:06	
	20	18	Michael	Portlock	Merthyr CC	M	V	21:09	05:36
	21	19	Thomas	Dye	Cardiff Ajax CC	M	S	21:16	
	22	=20	Rod	Hicks	Port Talbot Whs CC	M	V	21:18	05:49
	23	=20	Leon	Evans	Cardiff Ajax CC	M	V	21:18	05:09
	24	22	Rob	Jones	Cardiff Ajax CC	M	V	21:22	04:50
	25	23	James	Coxon	Caerphilly Cycling Club	M	V	21:24	04:58
	=27	24	Mark	Bradley	Bristol South Cycling Club	M	V	21:30	05:37
	29	25	Jonathan	Mills-keeling	Cycle Club Bridgnorth RWG	M	V	21:45	04:46
	=30	26	Chris	Lee	Merthyr CC	M	V	21:51	04:58
	32	27	Calum	Cheshire	Cardiff Ajax CC	M	S	21:54	
	33	28	Chris	Scawn	Plymouth Corinthian CC	M	V	21:56	06:43
	34	29	Martin	Osman	CC Giro	M	V	22:00	04:27
	35	30	Robert	Hughes	Rhondda Triathlon Club	M	V	22:01	05:11
	=36	=31	Peter	Blackwell	Solihull CC	M	V	22:06	04:30
	=36	=31	Carlo	Toledo	Gloucester City Cycling Club	M	V	22:06	06:57
	=38	=33	Matthew	Fallon	Ross on Wye & Dist CC	M	E	22:12	
	=38	=33	David	Thomas	Rhondda Triathlon Club	M	V	22:12	03:50
	40	35	Daniel	Kempe	Bristol South Cycling Club	M	V	22:16	04:47
	41	36	David	Evans	Team Echelon	M	V	22:18	05:34
	42	37	Dan	Pons	Blaydon CC	M	S	22:19	
	43	38	Jon	Wiggins	PDQ Cycle Coaching	M	S	22:21	
	45	39	Steven	Loraine	Team Swift	M	V	22:27	05:32
	46	40	Richard	Rees	Cardiff Ajax CC	M	S	22:28	
	47	41	Robert	Smith	Warwickshire Road Club	M	V	22:32	04:08
	50	42	Gareth	Jones	Clevedon & District Road Club	M	V	22:44	04:01
	51	43	Gareth	Williams	Hereford & Dist Whs CC	M	S	22:46	
	=52	=44	Digby	Rusling	Royal Dean Forest Cycle Club	M	V	22:49	04:00
	=52	=44	Steven	Brown	Gloucester City Cycling Club	M	V	22:49	03:42
	54	46	David	Singleton	Acme Whs (Rhondda) CC	M	V	22:50	04:22
	55	47	Adrian	Rowley	Gloucester City Cycling Club	M	V	22:53	04:19
	56	48	Adam	Taylor	Royal Dean Forest Cycle Club	M	V	22:54	03:13
	57	49	Dan	Laasna Reuter	Virtual Cycling Club	M	V	22:55	03:32
	58	50	Richard	Coleman	Stourbridge Velo	M	V	22:58	05:15
	59	51	Mike	Anslow	Stourbridge Velo	M	V	23:03	03:09
	60	52	Geoff	Thomas	Rhondda Triathlon Club	M	V	23:06	05:07
	61	53	Andy	Kelly	Bristol South Cycling Club	M	V	23:10	03:57
	62	54	Philip	Sims	Newport Phoenix CC	M	V	23:12	03:05
	63	55	Stephen	Eggleton	Stratford Cycling Club	M	V	23:14	02:48

Ross-on-Wye & District Cycling Club

Saturday 13 July 2019

Course: R10/17



Event	Overall #	Event #	First Name	Last Name	Club	Gender	Cat	Time	Std
	64	56	Jeffrey	Rees	Gower Riders Cycling Club	M	V	23:17	04:00
	65	57	Stuart	Evans	Port Talbot Whs CC	M	V	23:25	06:07
	=66	58	James	Coull	Ross on Wye & Dist CC	M	V	23:26	03:23
	68	59	Ashley	Dunn	Velo Club Bristol	M	V	23:27	03:04
	69	60	Paul	Mulready	Stourbridge Velo	M	V	23:31	03:09
	70	61	Steve	Matthews	Energy Cycling Club/Clwb Beicio Egni	M	S	23:38	
	=71	62	Daryl	Godden	Gloucester City Cycling Club	M	V	23:40	03:59
	74	63	David	Barlow	Wincanton Wheelers	M	V	23:53	03:14
	76	64	Gary	Smith	Stourbridge Velo	M	V	23:56	03:56
	=77	=65	Robin	Fox	Dursley Road Club	M	V	23:57	03:48
	=77	=65	Simon	Kinsey	Virtual Cycling Club	M	V	23:57	02:48
	=80	=67	Matthew	Kington	Velo Club Bristol	M	V	24:20	02:38
	=80	=67	Andy	Cole	Frome and District Wheelers	M	V	24:20	04:28
	82	69	Julian	Church	Worcester St. Johns CC	M	V	24:22	02:18
	83	70	Alan	Parfrey	Phoenix Velo	M	V	24:32	02:56
	84	71	Jon	Airey	Ross on Wye & Dist CC	M	V	24:36	03:45
	85	72	Richard	Emery	Severn Road Club	M	V	24:38	02:29
	86	73	Richard	Harrington	Ross on Wye & Dist CC	M	V	24:55	01:41
	87	74	Mark	Bishton	Velo Club Bristol	M	V	24:57	01:52
	88	75	Paul	Stephens	Ross on Wye & Dist CC	M	V	24:59	02:08
	89	76	Robert	Jones	Cardiff 100 Miles RCC	M	V	25:06	03:24
	91	77	John	Shehan	Bynea Cycling Club	M	V	25:17	04:15
	92	78	Steve	Way	Wincanton Wheelers	M	V	25:28	02:17
	93	79	Gary	Francis	Wincanton Wheelers	M	V	25:29	00:58
	94	80	David	Prior	Wyre Forest Cycle Racing Club	M	V	25:30	03:28
	95	81	Ed	Hadley	Hereford & Dist Whs CC	M	V	25:37	02:22
	97	82	John	Eames	Chippenham & District Wheelers	M	V	25:40	03:40
	99	83	David	Steel	Hereford & Dist Whs CC	M	V	26:53	02:27
	101	84	Kevin	Grant	Frome and District Wheelers	M	V	27:21	00:24
	102	85	Michael	Williams	Hereford & Dist Whs CC	M	V	28:04	-00:12
	104	86	Derek	Morgan	Gannet CC	M	V	28:54	02:09
			Andrew	Clarke	North Shropshire Wheelers	M	V	DNS	
			Gavin	Tilson	cyclisme du loup solitaire	M	V	DNS	
			Mike	Murray	Team Echelon	M	V	DNS	
			Russ	Tanner	Wincanton Wheelers	M	V	DNS	
			Ioan	Smallwood	Cardiff Ajax CC	M	S	DNS	
			Martin	Aldam	Bath Cycling Club	M	V	DNS	
			Jim	Beales	Veloce	M	V	DNS	
			Stephen	Landeg	Ogmore Valley Wheelers	M	V	DNS	
			Ross	Mahoney	Swindon Road Club	M	S	DNS	
			Rikky	Hughes	Worcester St. Johns CC	M	S	DNS	
			John	French	Oxford City RC	M	V	DNS	
			Mark	Corbett	Worcester St. Johns CC	M	V	DNS A	
			Simon	Adcook	Team Bottrill	M	V	DNS A	
			Paul	Freegard	Chippenham & District Wheelers	M	V	DNS A	
			Nick	Livermore	Bristol South Cycling Club	M	S	DNS A	
			Harry	Tait	Worcester St. Johns CC	M	J	DNS A	
Women, Juniors and	3	1	George	Mills-keeling	Cycle Club Bridgnorth RWG	M	J	19:33	
	15	2	Anna	Morris	AeroLab Ward WheelZ	W	S	20:42	
	26	3	Francesca	Hall	AeroLab Ward WheelZ	W	S	21:26	
	=27	4	Jessica	Rhodes-Jones	AeroCoach	W	S	21:30	
	=30	5	Michelle	Lee	PDQ Cycle Coaching	W	V	21:51	06:56
	44	6	Caitlin	Peters	Storey Racing	W	J	22:22	
	48	7	Katie	Price	Gannet CC	W	S	22:34	
	49	8	Gemma	Johnson	Beacon Roads CC	W	S	22:38	
	=66	9	Joanne	Jago	Performance Cycles CC	W	S	23:26	
	=71	10	Rosey	Mushens	Velo Club St Raphael	W	V	23:40	05:47

Ross-on-Wye & District Cycling Club

Saturday 13 July 2019

Course: R10/17



Event	Overall #	Event #	First Name	Last Name	Club	Gender	Cat	Time	Std
and Overflow	73	11	Michelle	Fishbourne	CES Sport	W	V	23:50	05:26
	75	12	Susan	Shook	Bush Healthcare CRT	W	V	23:54	06:15
	79	13	Clare	Greenwood	Bush Healthcare CRT	W	V	24:05	05:57
	90	14	Ali	Charles	Gloucester City Cycling Club	W	V	25:15	04:12
	96	15	Arja	Scarsbrook	Bush Healthcare CRT	W	V	25:37	06:04
	98	16	Angela	Barlow	Wincanton Wheelers	W	V	26:17	03:04
	100	17	Clair	Parfrey	Phoenix Velo	W	V	27:19	02:19
	103	18	Laura	Airey	Ross on Wye & Dist CC	W	V	28:35	02:14
	105	19	Sarah	Roberts	Gillingham and District Wheelers / Wheels Cy	W	V	30:11	-01:19

Don Woodman Memorial

Sunday 14 July 2019

Course: R25X/7EMG (14.67 miles)



No	First Name	Last Name	Club	Gender	Cat	Result	Std
1	David	Dickerson	Team Echelon	M	V	30:05	09:33
2	Will	Bevan	Ross on Wye & Dist CC	M	S	30:34	
3	Simon	Garrett	Team Echelon	M	V	30:38	08:20
4	Kevin	Lane	Successcycling.co.uk	M	V	31:26	07:32
5	Paul	Guest	Worcester St. Johns CC	M	V	31:28	07:50
6	Colin	Wallace	Merthyr CC	M	V	31:48	08:25
7	Rhys	Deen	Merthyr CC	M	S	31:58	
8	Gary	Rickards	Cheltenham & County Cycling Club	M	V	32:15	08:06
9	Edward	Priddy	Solihull CC	M	V	32:16	08:21
10	Michael	Portlock	Merthyr CC	M	V	32:18	07:07
11	Jonathan	Heath	Brecon Wheelers	M	S	32:24	
12	Chris	Lee	Merthyr CC	M	V	32:41	06:50
13	Chris	Scawn	Plymouth Corinthian CC	M	V	32:50	09:25
14	Nick	Young	Yeovil Cycling Club	M	V	33:00	06:59
15	Jonathan	Wilkinson-lockyer	Team Tor 2000 KALAS	M	V	33:11	06:20
16	Dean	Prosser	Hereford & Dist Whs CC	M	V	33:23	06:08
17	Adam	Taylor	Royal Dean Forest Cycle Club	M	V	33:27	05:02
18	Steven	Loraine	Team Swift	M	V	33:29	07:46
19	Jon	Vickery	Cwmcarn Paragon Road Club	M	V	33:43	06:23
20	Richard	Rees	Cardiff Ajax CC	M	S	33:59	
21	Iain	Bell	Monmouthshire Wheelers	M	V	34:03	05:09
22	Steve	Mountford	Solihull CC	M	V	34:06	06:23
23	Nick	Cutcliffe	Royal Dean Forest Cycle Club	M	V	34:09	04:49
24	Roger	Wood	Pontypool Road Cycling Club	M	V	34:35	07:02
25	Andy	Kelly	Bristol South Cycling Club	M	V	34:39	05:20
26	James	Coull	Ross on Wye & Dist CC	M	V	35:06	04:25
27	Michael	Collins	VC Sevale (Malvern)	M	V	35:27	04:04
28	Michelle	Fishbourne	CES Sport	W	V	35:33	07:36
29	Marco	Marletta	Cardiff Jif	M	V	35:34	04:18
30	Joanne	Jago	Performance Cycles CC	W	S	35:35	
31	Clare	Greenwood	Bush Healthcare CRT	W	V	35:53	08:24
32	Susan	Shook	Bush Healthcare CRT	W	V	36:13	08:14
33	Digby	Rusling	Royal Dean Forest Cycle Club	M	V	36:16	03:15
34	Robert	Lucas	Port Talbot Whs CC	M	V	36:47	06:12
35	Jon	Airey	Ross on Wye & Dist CC	M	V	37:47	04:02
36	Mark	Steedman	Cardiff Triathletes	M	V	37:56	01:16
37	Robert	Jones	Cardiff 100 Miles RCC	M	V	37:59	04:02
38	Philip	Morgan	Kiveton Park Cycling Club	M	V	39:12	00:00
39	Graham	Smith	Severn Road Club	M	V	39:27	00:18
40	Michael	Williams	Hereford & Dist Whs CC	M	V	41:55	-0:15
41	Derek	Morgan	Gannet CC	M	V	44:19	01:32
42	Roger	Taylor	Frome and District Wheelers	M	V	01:02:12	
	Jake	Tay	Severn Road Club	M	V	DNS	
	John	Lacey	Hemel Hempstead CC	M	V	DNS	
	Matt	Heaman	Royal Dean Forest Cycle Club	M	V	DNS	
	Andrew	Clarke	North Shropshire Wheelers	M	V	DNS	
	Ryan	Sheppard	G.S. Henley	M	S	DNS	
	Paul	Rees	Bynea Cycling Club	M	V	DNS	
	Mark	Corbett	Worcester St. Johns CC	M	V	DNS	
	George	Barker	Beacon Roads CC	M	V	DNS	
	Earl	Smith	Royal Dean Forest Cycle Club	M	V	DNS	
	Pete	Scott	Swindon Road Club	M	V	DNS	
	Anthony	Jones	Towy Riders Cycle Club	M	V	DNS	
	Sharon	Scott	Swindon Road Club	W	V	DNS	
	Ed	Hadley	Hereford & Dist Whs CC	M	V	DNS	
	Ian	Turner	North Road CC	M	V	DNS	
	Jon	Surtees	CES Sport	M	V	DNS	
	Richard	Llewellyn	Imperial Racing Team	M	V	DNS	
	Kris	Bowditch	Lyme Racing Club	M	V	DNS	
	Stuart	Evans	Port Talbot Whs CC	M	V	DNS	

	Michelle	Lee	PDQ Cycle Coaching	W	V	DNS	
	Richard	Howes	Wrekinsport CC	M	V	DNS	
	Tony	Harvey	Mid Shropshire Wheelers	M	V	DNS	
	Daniel	Kempe	Bristol South Cycling Club	M	V	DNS	
	Jonathan	Wears	CES Sport	M	S	DNS	
	Christopher	Gibbard	Bynea Cycling Club	M	S	DNS	
	Mark	Bradley	Bristol South Cycling Club	M	V	DNS	
	John	Williams	Bynea Cycling Club	M	V	DNS	
	Sean	Heaton	Royal Navy & Royal Marines CA	M	V	DNS A	
	Tony	Costello	Team Swindon Cycles	M	V	DNS A	
	David	Evans	Team Echelon	M	V	DNS A	
	William	Perrett	AeroLab Ward WheelZ	M	S	DNS A	
	Rhys	Jones	Rhondda Triathlon Club	M	S	DNS A	
	Laura	Airey	Ross on Wye & Dist CC	W	V	DNS A	
	John	Howells	Corinium Cycle Club	M	V	DNS A	
	Francesca	Hall	AeroLab Ward WheelZ	W	S	DNS A	
	Roxane	Heaton	Somerset Road Club	W	S	DNS A	
	Chris	Massey	CES Sport	M	V	DNS A	
	Joanna	Knight	Bristol South Cycling Club	W	V	DNS A	
	Andrea	Parish	VeloSistas TT Team	W	V	DNS A	
	Mike	Murray	Team Echelon	M	V	DNS A	
	Ioan	Smallwood	Cardiff Ajax CC	M	S	DNS A	

Overall Weekend Results (Ross-on-Wye & District Cycling Club)

Saturday 13th July and Sunday 14 July 2019

Course: R10/17 and R25X/7EMG (14.67 miles)



First Name	Last Name	Club	10 time	25 time	Overall
David	Dickerson	Team Echelon	00:20:20	00:30:05	00:50:25
Simon	Garrett	Team Echelon	00:20:06	00:30:38	00:50:44
Rhys	Deen	Merthyr CC	00:21:03	00:31:58	00:53:01
Michael	Portlock	Merthyr CC	00:21:09	00:32:18	00:53:27
Chris	Lee	Merthyr CC	00:21:51	00:32:41	00:54:32
Chris	Scawn	Plymouth Corinthian CC	00:21:56	00:32:50	00:54:46
Steven	Loraine	Team Swift	00:22:27	00:33:29	00:55:56
Adam	Taylor	Royal Dean Forest Cycle Club	00:22:54	00:33:27	00:56:21
Richard	Rees	Cardiff Ajax CC	00:22:28	00:33:59	00:56:27
Andy	Kelly	Bristol South Cycling Club	00:23:10	00:34:39	00:57:49
James	Coull	Ross on Wye & Dist CC	00:23:26	00:35:06	00:58:32
Joanne	Jago	Performance Cycles CC	00:23:26	00:35:35	00:59:01
Digby	Rusling	Royal Dean Forest Cycle Club	00:22:49	00:36:16	00:59:05
Michelle	Fishbourne	CES Sport	00:23:50	00:35:33	00:59:23
Clare	Greenwood	Bush Healthcare CRT	00:24:05	00:35:53	00:59:58
Susan	Shook	Bush Healthcare CRT	00:23:54	00:36:13	01:00:07
Jon	Airey	Ross on Wye & Dist CC	00:24:36	00:37:47	01:02:23
Robert	Jones	Cardiff 100 Miles RCC	00:25:06	00:37:59	01:03:05
Michael	Williams	Hereford & Dist Whs CC	00:28:04	00:41:55	01:09:59
Derek	Morgan	Gannet CC	00:28:54	00:44:19	01:13:13
Christopher	Gibbard	Bynea Cycling Club	00:19:22	DNS	
William	Perrett	AeroLab Ward WheelZ	00:19:34	DNS A	
Anthony	Jones	Towy Riders Cycle Club	00:20:02	DNS	
Chris	Massey	CES Sport	00:20:18	DNS A	
Mark	Bradley	Bristol South Cycling Club	00:21:30	DNS	
Daniel	Kempe	Bristol South Cycling Club	00:22:16	DNS	
David	Evans	Team Echelon	00:22:18	DNS A	
Stuart	Evans	Port Talbot Whs CC	00:23:25	DNS	
Ed	Hadley	Hereford & Dist Whs CC	00:25:37	DNS	
Andrew	Clarke	North Shropshire Wheelers	DNS	DNS	
Mike	Murray	Team Echelon	DNS	DNS A	
Mark	Corbett	Worcester St. Johns CC	DNS A	DNS	
Ioan	Smallwood	Cardiff Ajax CC	DNS	DNS A	
Francesca	Hall	AeroLab Ward WheelZ	00:21:26	DNS A	
Michelle	Lee	PDQ Cycle Coaching	00:21:51	DNS	
Laura	Airey	Ross on Wye & Dist CC	00:28:35	DNS A	